Provincial and Territorial Profile Pages
A Look at Key Policies and Strategies

METHODOLOGY

The Provincial Territorial Network Partners are non-government and governmental organizations that have partnered with Active Healthy Kids Canada to help inform, distribute and communicate the findings of the Report Card in their own jurisdictions. For the 2012 Report Card, Network Partners were asked to contribute content for the following provincial and territorial profile pages. Each partner was provided with a template and survey link to guide the collection of specific information that highlights key physical activity policies or strategies in their region. Partners were invited to collaborate with other colleagues of organizations within their own jurisdiction to provide Active Healthy Kids Canada with the most impactful provincial and territorial child and youth physical activity policies or strategies outlined in the following section.

A profile page for Quebec is available in the electronic version of the long-form Report Card which can be found at www.activehealthykids.ca.
Active Alberta

Initiated in 2009 and implemented in 2011, the development of Active Alberta involved eleven Alberta Government ministries and consultation with nearly 130 stakeholder groups. The Alberta Tourism, Parks and Recreation, Recreation and Sport Development Division led the development of this initiative. The Recreation and Sport Development Division will take the lead in working with the 11 Ministries and stakeholder groups to work together to develop an implementation plan over the next two years (2011-2013). The target audience is all Albertans, government, non-profit organizations, schools private corporations, communities and individual Albertans. All Albertans can contribute to creating a more Active Alberta. The intent of Active Alberta is to: Acknowledge that recreation, active living, and sport are essential to the health, well-being and social needs of all Albertans throughout their lives, whether they are toddlers or teenagers, parents or grandparents, full time workers or full time retirees; Regardless of their skills, interests and abilities, Alberta’s value recreational and sport activities and benefit from an active lifestyle; Reaffirm the Government of Alberta’s commitment to the sector; The Government of Alberta is committed to continuing to support and promote recreation, active living and sport; Replace the Active Living Strategy and, over the next ten years, coordinate other provincial policies and strategies that encourage healthy active lifestyle choices to improve Albertans’ quality of life, sense of security and overall community healthy and well-being; Describe the government’s priorities related to recreation, active living and sport; Confirm the partnership the Government of Alberta enjoys with other governments, the non-profit sector, educational institutions and the private sector in delivering services and programs to Albertans while clarifying the role of all partners; Establish common outcomes for the sector and invite partners to work with government and with each other to achieve those outcomes; Guide Government of Alberta funding decisions and resource allocations related to recreation, active living and sport to help achieve the outcomes of this policy and; Support the Government of Alberta’s wellness initiatives. Successful implementation of Active Alberta will mean Albertans will know what they are receiving from the significant investments made in the sector. More importantly, successful implementation of the Active Alberta policy should lead to improved health and well-being for Albertans and their communities. Evaluation is in progress. The evaluation of policy will emphasize the outcomes that are achieved. Work is in the preliminary stages to identify how to measure the outcomes so that an accurate results can be achieved. For more information please visit [www.active.alberta.ca](http://www.active.alberta.ca).
British Columbia

AFTER SCHOOL SPORT INITIATIVE

Developed in 2010 and implemented in 2011, the After School Sport Initiative is led by BCRPA, BC ministry of Community, Sport and Cultural Development. It targets 17 specific communities across BC that have a greater percentage of children in high needs categories. The primary purpose is to: provide training to leaders in after school programs; to support communities in enhancing, improving and increasing after school programs; to reduce barriers to participation in after school programs; to provide financial support to help with equipment purchases and increase access to facilities; and to increase children’s participation in after school programs and hopefully then, increase the overall health of children. BCRPA has been asked to provide HIGH FIVE training, develop a resource to help frontline leaders work with vulnerable populations, conduct a community consultation, assist communities in implementation of joint use agreements and create an online collaboration tool.

The province has other strategies also. Evaluation is in progress.

The goals of the program are to:

1. increase partnerships between different organizations
2. improve health of BC youth including improved eating habits, self-esteem, mental health and reduced substance abuse
3. increase the number of BC youth achieving 60 minutes of physical activity daily
4. improve school outcomes such as attendance, academic achievement, graduation rates.

For more information please contact Milena Gaiga, Ministry of Community, Sport and Cultural Development at 250-356-5183.
Manitoba

MANITOBA IN MOTION PROVINCIAL PHYSICAL ACTIVITY STRATEGY

Developed in 2003 and implemented in 2005, Manitoba in motion was initially co-led by the Health & Healthy Living and Recreation portfolios, and is now being actualized by the Healthy Living portfolio. An inter-sectoral working group, consisting of provincial government departments in the health, healthy living, recreation, sport, child development, education and communications services, is also involved. Manitoba in motion targets families, children, youth, adults and older adults in home, community, school and workplace settings. The primary objective of this initiative is to help all Manitobans make physical activity part of their daily lives for health benefits and enjoyment. The vision is to make Manitobans healthier by increasing physical activity levels in the province. The provincial government has joined partners in physical activity, health, healthy living, recreation, sport, and education to raise activity levels and reduce barriers to physical activity. There are several components in key settings:

1. Healthy Schools in motion
2. Communities in motion
3. Workplaces in motion

New Brunswick

CANADIAN SPORT FOR LIFE (CS4L)
Developed and implemented in 1995, CS4L is led in New Brunswick by the Sport and Recreation Branch in New Brunswick, Culture, Tourism and Healthy Living. The CS4L was developed by a team of experts drawn from across Canada and funded by Sport Canada. Each province is responsible for its own strategies to align programs and policies with the model. CS4L is targeted at sport organizations, recreation leaders, teachers, early childhood educators, parents, coaches, as well as health and wellness professionals. In short, there are two strategies that have emerged. The first is to build a better sport system, a system that eliminates some of the negative behaviours of the past. The CS4L advocates for a developmentally appropriate approach by all sports in which every participant gains short and long-term benefits. The second strategy is to use the model to encourage the development of physical literacy by partners throughout the community. The Strategy outlines 7 stages of development (beginning at birth) and 10 key factors which influence development. Individuals will begin with an active start to life and then move to learn fundamental movement skills before learning basic sport skills. These three stages combine to provide a foundation of physical literacy. Participants then choose to progress along an athlete development pathway (Train to Train, Train to Compete then Train to Win), or move into the Active for Life stage where athletic progress is less important. People can transfer between the Active for Life and the developmental pathway as motivations change. Funding opportunities have been available to support partner initiatives. The strategy continually monitors and evaluates progress and adapts to be reflective of the latest evidence. For more information please contact Steve Harris at steve.harris@gnb.ca.

AFTER SCHOOL HOURS (ASH) PROGRAM GUIDELINES
Initiated in 2010 and implemented in 2011, the development of the ASH Program Guidelines was led by the Department of Culture, Tourism and Healthy Living – Government of New Brunswick. Actualization of this initiative is being led by Recreation New Brunswick. Government of New Brunswick Department of Education & Early Childhood Development, Healthy Eating Physical Activity Coalition of New Brunswick, Fredericton Boys and Girls Club, New Brunswick Lung Association and New Brunswick Community Colleges are also involved in bringing this project to life. This initiative targets school-aged children, Kindergarten to Grade 12. The ASH Program Guidelines are designed to specify those practices that most clearly identify high quality in an ASH Program. They are intended to offer all school-aged children affordable opportunities to be active, pro-social and engaged in fun activities while building positive relationships that will last a lifetime. An ASH Program refers to any child and youth recreation-based programming that is offered at minimum, between the hours of 3:00 pm and 6:00 pm Monday to Friday, 3 days a week, during the school year. The framework of the guidelines consists of the following four components:

Physical Activity – Must be a minimum of 30 minutes per day and a minimum of 50% of time in one week, in keeping with Canadian Physical Activity Guidelines.

Healthy Eating – Activities to promote healthy eating, nutrition, and food preparation skills must be provided 20 % of the time.

School Work / Homework – Homework and other school work shall be kept at a maximum of 20% of time, in keeping with Canadian Sedentary Behaviours Guidelines.

Community Strengths – Recognizing the wide diversity of interests and abilities, program content is flexible to reflect the strengths and interest of the community, parents and participants 30% of the time.

In addition to the guidelines, an ASH information kit was developed and provided to grant applicants to increase their capacity to deliver a quality program. This year $1,000.00 grants were given to 31 ASH Programs that met the guidelines and criteria. Evaluation is in progress and an external evaluator has been hired. For more information please contact Sarah Wagner at rnb@recreationnb.ca.
Newfoundland

ACTIVE, HEALTHY NEWFOUNDLAND AND LABRADOR
This 10 year strategy was initially started in 2005 and was approved for implementation in 2007. Active, Healthy Newfoundland and Labrador is a recreation and sport strategy for Newfoundland and Labrador. The strategy has led the way for the development of a newly formed Provincial Physical Activity Coalition which works to support this strategy. This initiative was led by the Department of Tourism, Culture and Recreation and Recreation NL. Involved in the actualization of this strategy were: the Department of Tourism, Culture and Recreation, the Department of Health and Community Services, the Department of Education, the Department of Human Resources and Employment, Recreation Newfoundland and Labrador, Sport Newfoundland and Labrador, School Sports Newfoundland and Labrador and Memorial University of Newfoundland. The two primary objectives of this strategy are focused around enhancing physical activity. These include:

1. to increase participation in recreation and sport and physical activity, and
2. to encourage and support communities and organizations to improve access to recreation and sport by overcoming barriers to participation.

The target audience for this strategy is all Newfoundlanders and Labradorians especially students, seniors, women and girls, persons of lower income, and Northern/Aboriginal populations. Active, Healthy Newfoundland and Labrador; A Recreation and Sport Strategy for Newfoundland and Labrador provides a framework of vision, values, principles, six key directions and related goals, objectives and actions that guide government and stakeholders as collaborative work is done to increase engagement in physical activity throughout the province and ultimately towards a healthy, confident and vibrant society. This framework will also work to encourage citizens to improve quality of life, improve health, enhance social interaction, personal fulfillment and the achievement of excellence. The six key directions are:

1. Increased opportunities for involvement and participation in recreation, sport and physical activity
2. Improved citizen access to recreation and sport opportunities
3. Strengthened public sector support of recreation and sport through revitalizing the Recreation and Sport Division and better coordinating our system of support
4. Providing and supporting opportunities for all citizens to reach their highest potential in sport
5. Building human resources capacity and

The provincial recreation and sport strategy contains a performance monitoring framework within the strategy itself. This provides an ongoing means to track progress on the strategy against goals, objectives and key actions. The Department of TCR reported from 2007-08 to 2011-14 on the first four years of strategy implementation against stated goals and objectives within the Department of TCR’s Strategic Plan 2008-2011 and annual reporting. This three-year summary information can be found at http://www.assembly.nl.ca/business/tables/pdfs/2010-11TCR-AR.pdf. In addition to this overall performance monitoring, the Department tracked progress against the goal of increased physical activity for children and youth as a key indicator. This is also reported at http://www.assembly.nl.ca/business/tables/pdfs/2010-11TCR-AR.pdf. For more information please contact Janet Miller Pitt at jpitt@gov.nl.ca.
Northwest Territories

MONITORING, EVALUATION, AND ACCOUNTABILITY SYSTEM (MEA SYSTEM)

Developed in 2010 and implemented in 2011, the MEA System is being led by the NWT Sport and Recreation Council (SRC). Also involved are: Sport North Federation, NWT Recreation and Parks Association, Beaufort Delta Sahtu Recreation Association, Mackenzie Recreation Association, and the Aboriginal Sport Circle of the Western Arctic. The initiative targets NWT Sport and Recreation stakeholders. The purpose of establishing an MEA system is to provide useful information to help the SRC learn about the progress and contributions that are being made toward its strategic goals and priorities; make necessary adjustments to build on strengths and address challenges faced within its strategic goals and priorities; and operate more effectively and efficiently. The Monitoring Plan shows how all of the SRC’s achievements combine to influence a contribution towards SRC’s stated impact and mission: Build a culture of physical activity in the NWT, for all. Eight guiding principles have been identified as part of this system. They are to:

1. Promote Organizational Learning
2. Continually Improve the Organization
3. Strengthen the organization
4. Use multiple approaches
5. Evaluate and address strategic issues
6. Create a participatory process
7. Allow for flexibility
8. Build capacity.

Evaluation of this system is in progress and scheduled to be completed in late 2013. For more information please Jennifer young at jennifer@nwtsrc.com.

NORTHWEST TERRITORIES SPORT & RECREATION COUNCIL INVESTMENT MODEL

Developed in 2010 and implemented in 2011, the SRC Investment Model is being led by the Northwest Territories Sport & Recreation Council. Also involved are: Aboriginal Sport Circle of the Northwest Territories, Beaufort Delta Sahtu Recreation Association, Mackenzie Recreation Association, Northwest Territories Recreation and Parks Association and Sport North Federation – Government of Northwest Territories (Municipal & Community Affairs- Sport, Recreation, & Youth Division). The target audiences for this initiative are the Aboriginal Sport Circle of the Northwest Territories, Beaufort Delta Sahtu Recreation Association, Mackenzie Recreation Association, Northwest Territories Recreation and Parks Association and Sport North Federation. The primary purpose of this model is to support sport and recreation program/initiatives at the community, regional and territorial levels as they work toward increasing physical activity in the NWT. This model directs resources to those programs/initiatives that create the greatest value for the public. An emphasis on evaluation and measurement is at its core, and a practice of continuous improvement is promoted. Evaluation is ongoing. For more information please Jennifer young at jennifer@nwtsrc.com.

ACTIVE AFTER SCHOOL

Developed in 2009 and implemented in 2010, Active After School was developed by the Government of NWT – Department of Municipal and Community Affairs. It is being implemented by NWT Schools. Other Healthy Choices Departments of the Government (Health & Social Services and Education, Culture and Employment) were also involved. The initiative targets children in schools and it’s primary purpose is to increase the physical activity levels of school aged children and youth while providing them with healthy lifestyle options in the after school time period. Funding is provided to schools and community based organizations to build existing programs or create new physical activities during the after school time period, with a strong focus on engaging currently inactive or under active youth. Financial support of $615,000 annually, beginning in 2010/2011, has been allocated to Active After School. A monitoring and evaluation plan is under development. By 2015, formative and summative evaluation processes will be well underway with interim data available. It is expected that this initiative will show an increase in the physical activity rates of children and youth. For more information please go to www.chosenwt.com.
Nova Scotia

CHILDHOOD OBESITY PREVENTION STRATEGY
The strategy will be built upon a foundation of social policy and supported by an engagement strategy and evaluation plan. It recognizes that the interdependent nature of those objectives requires an integrated approach and that multiple actions sustained over time are required to successfully reduce obesity and chronic diseases. The strategy will outline collective action that will create a healthier, more supportive environment for children, youth and their families. Taking a whole-of-government approach, the strategy includes actions to support healthy child development, health literacy, food policy, active transportation, land use planning, and social marketing. At its heart, the strategy will focus on making it easier for people to eat better and be more active. Together with strategies for tobacco, alcohol, mental health and addictions, public health renewal, sustainable transportation, road safety and others, the childhood obesity prevention strategy will contribute to a broad, government prevention agenda.

One of the compelling messages heard during the consultation process was that Nova Scotia is already doing many things well. Through the strategy, existing efforts and resources will be supplemented by new resources in a comprehensive approach. $2 million is allocated for new and enhanced program and policy development in the 2012/13 fiscal year.

An evaluation framework, including process evaluation and measures for short, intermediate and long-term outcomes, will be developed by December, 2012. Success will be defined by sustainable upward or downward trends in key indicators, recognizing that it takes time for trends to slow before they can be reversed. The URL that follows is for the Growing Up Healthy website, a site created to support the development of the childhood obesity prevention strategy. A new website will be available when the strategy is launched in the spring of 2012.

http://www.gov.ns.ca/growinguphealthy/
Nunavut

NUNAVUT PHYSICAL ACTIVITY GUIDELINES AND TIPS & NUNAVUT “BE ACTIVE – EVERY DAY” POSTER
Developed in 2011 and implemented in 2012, this initiative is being led by the Sport and Recreation Division of the Nunavut Government. The Department of Culture, Language, Elders and Youth, in partnership with the Department of Health and Social Services, are also involved. The primary purpose of this initiative is to give residents of Nunavut up-to-date information on the physical activity guidelines and tips in a culturally relevant way. The new physical activity resources were translated in all 4 official territorial languages and adapted in consultation with community members from across Nunavut. The illustrations and information are culturally relevant and meaningful to residents. They demonstrate how accessible physical activity is and aim to inspire all ages to be active throughout the seasons. The Government of Nunavut’s department of Health and Social Services greatly assisted in making this project possible through financial and human resource support. The Community Health Representatives across various communities hosted information gathering sessions which shaped the new resources. No evaluation is planned. For more information please contact Christine Lamothe at clamothe@gov.nu.ca.

AFTERSCHOOL PHYSICAL ACTIVITY FUNDING
Implemented in 2010, this initiative is being led by the Sport and Recreation Division and Department of Culture, Language, Elders and Youth. It targets elementary and high school students and was developed to create physical activity opportunities during the after school. The Afterschool Physical Activity Program is designed to train leaders to implement physical activity programs for children and youth specifically during 3 to 6 pm on weekdays. New funding from the Public Health Agency of Canada was obtained in 2010 to implement this program. The program is expected to increase the number of youth trained in HIGH FIVE: Principals of Healthy Child Development, and for more afterschool physical activity programs to be offered in more communities throughout the territory. No evaluation is planned at this time. For more information please contact Christine Lamothe at clamothe@gov.nu.ca.

PHYSICAL ACTIVITY INITIATIVES
Implemented in 2008, The Physical Activity Initiatives are led by the Sport and Recreation Division and Department of Culture, Language, Elders and Youth. They are targeted toward all residents of Nunavut in order to increase community physical activity opportunities throughout the territory. All Nunavut municipalities are eligible for up to $10,000 to create, continue and/or expand ongoing physical activity programs each year. It is expected that the number of programs offered, and an improvement in the quality of ongoing physical activity programs across the territory, will increase. Evaluation is in progress. Community program administrators are required to complete program evaluation at the end of the fiscal year and prior to receiving future funding. The Sport and Recreation Division keeps a summary of the best grant applications and evaluations to use as examples for new applicants. For more information please contact Christine Lamothe at clamothe@gov.nu.ca.

TRANSLATED CSEP PHYSICAL ACTIVITY GUIDELINES
This initiative is being led by the Sport and Recreation Division and Department of Culture, Language, Elders and Youth. In effort to increase physical activity levels of all Inuit, the new CSEP Physical Activity Guidelines are being translated into Inuktitut and Inuinnaqtun which are set to be available for downloading from the CSEP website. This will allow for all Inuit to have access to the physical activity guidelines in their language of choice. For more information please contact Christine Lamothe at clamothe@gov.nu.ca.
Ontario

HEALTH AND PHYSICAL EDUCATION (H&PE) CURRICULUM K-12
Developed in 2010 and implemented in 2012, the H&PE Curriculum initiative was led by the Ministry of Education. Over 2000 NGO’s, teacher and parents consulted on the project. H&PE is the key to making Ontario the healthiest province in Canada. Reaching 2.1 million students attending Ontario’s 5,000 publicly funded schools including at-risk populations and emphasizing the importance of schools as a health promotion setting. The H&PE Policy addresses physical and health literacy of students. The policy seeks to increase the comprehension, commitment and capacity of students to lead healthy active lives. This intervention is the most effective and cost efficient way of providing children and youth with the knowledge and skills that will help them make safe and informed decisions now and into the future. Ophea has produced the H&PE Curriculum Support Resources grades 1-8, to address all expectations of the policy. Although there is no formal evaluation planned, Ophea has invested some equity to conduct school board level evaluations. For more information please visit the Ministry of Education Ontario Website.

OBESITY STRATEGY
Developed and implemented this year, the Obesity strategy is led by the Ontario Ministry of Health. The primary purpose is an annual allocation of $10 million toward a strategy to encourage children to eat healthy and be physically active as the first step toward reversing troubling numbers of obese Ontario children, while fostering healthy living habits and environments. There is currently no evaluation planned. For more information please visit the Ontario Ministry of Health and Long Term Care website.

AFTER SCHOOL STRATEGY
Developed and implemented in 2011, the After School Strategy was led by the Ministry of Tourism, Sport and Culture with the help of the Public Health Agency of Canada. It’s primary purpose is to provide training and resources to those implementing after-school activities in select sites across the province. Training and resources have been allocated in order to actualize this strategy. Evaluation is in progress through questionnaires managed by Parks and recreation Ontario. For more information please visit the Parks and Recreation Ontario website.
PEI

**go! PEI**

Developed in 2009 and implemented in 2010, go!PEI is a Recreation PEI led initiative done in collaboration with the Department of Health & Wellness and Healthy Eating Alliance. Bilateral funding support was provided by the Public Health Agency of Canada and the Province of PEI. Additional provincial and community partners who have a responsibility for physical activity and healthy eating have also been involved. It is targeted at all residents of PEI and its objective is to increase the percentage of Prince Edward Islanders who are achieving the recommended physical activity levels and following the Eating Well with Canada’s Food Guide to ensure a well-balanced and healthy diet. go! PEI is designed to remove as many barriers as possible by offering programs, support and education to assist Islanders in meeting their healthy living objectives. By offering free programs in communities all across the province, that focus on walking, running, biking, hiking, snowshoeing and healthy eating, PEI is creating a culture of healthy living in the Province. go!PEI has created a province wide network of professionals, organizations and champions that helps spread this message and as a result it allows neighbors and friends to support one another. The entire program is built on seven principles which include programs that:

1. are low cost or no cost
2. have readily available infrastructure across the Province
3. require limited equipment
4. do not have time constraints
5. can be done as an individual or as part of a group
6. can be done by any age group
7. can be done year round

There is a marketing and social media campaign as part of this initiative which keeps healthy living in front of Islanders all year long. Based on the needs of Islanders, the initiative continues to grow as we create new partners and diversify our programming mix. Evaluation is in progress. To date over 1100 Islanders have completed this program and report having had positive experiences. For more information please go to [www.gopei.ca](http://www.gopei.ca).

**PEI Active Start**

Developed and implemented in 2011, PEI Active Start is a Sport PEI led initiative done in collaboration with the Department of Health and Wellness and Early Childhood Association of PEI. The target for this initiative is preschool children aged 3-6. The primary objective is to provide every 3-6 year old Island child the opportunity to master fundamental motor and sport skills through participation in a high quality, province-wide Active Start Program. The Active Start program is a series of lesson plans that parents, educators and community program leaders use to teach preschool children basic movement skills in a fun play-based environment. The training was offered to provincial early childhood educators and community recreation departments. The program has been piloted in nine licensed child care centers and two community based stand alone programs. Evaluation of the initiative is planned for 2012-13 and will include a research and measurement piece in coordination with Sport PEI and UPEI. The anticipated outcome is that a larger number of influential people in a preschooler’s life will have a greater understanding of the importance of fundamental movement skills and will have the necessary tools to incorporate them into a child’s day. As a result, more children will acquire the necessary skills allowing them to be more confident in their lifelong physical activity or sport pursuits. For more information please contact Jamie Whynacht at [jwhynacht@sportpei.pe.ca](mailto:jwhynacht@sportpei.pe.ca).
Saskatchewan

SASKATCHEWAN IN MOTION
Developed in 2002 and implemented in 2003, Saskatchewan in motion is led by a Strategic Development Council and is actualized with governance and accountability support from the Saskatchewan Parks & Recreation Association. Saskatchewan in motion is an authentic partnership initiative which involves a huge variety of organizations from across the province. Initially it targeted all Saskatchewan people but in 2006 switched focus to school-aged children and youth. Saskatchewan in motion is a province wide movement that uses social marketing and community mobilization approaches to increase physical activity opportunities for children and youth. Saskatchewan in motion delivers strategies that work toward three outcomes: all Saskatchewan children and youth will be active a minimum of 30 minutes each day at home; all Saskatchewan children and youth will be active a minimum of 30 minutes each day at school; All Saskatchewan children and youth will be active a minimum of 30 minutes each day in the community. Within each outcome/setting, there are five priority strategies: increase physical literacy; increase access & decrease barriers to participation in community programs and services; create/influence built environments that support active choices; provide parent education; and increase community leadership capacity. Evaluation is ongoing. For more information please go to www.saskatchewaninmotion.ca.

ABORIGINAL SPORT DEVELOPMENT – “BUILDING A FOUNDATION FOR THE FUTURE”
Developed and implemented in 2000, the initiative was led by Sask Sport Inc., with guidance from the Aboriginal Sport Leadership Council. The Aboriginal Sport Development Strategy “Building a Foundation for the Future” provides direction and support for Aboriginal sport development initiatives in Saskatchewan. A need for increased focus and support for aboriginal sport participation at the community level and through mainstream sport efforts was prioritized. This concept served as an early catalyst, and was used in the preparation and training for the 2003 North American Indigenous Games. Since then, Sask Sport has made numerous new policy decisions and investments in a strategy to increase human and financial resources in support of aboriginal participation in sport programs. Over the past number of years, the policy/strategy has grown to include; Urban Aboriginal Community Grant program, Aboriginal Coaches & Officials program, Aboriginal Community Sport Development Program, Northern Community & School Recreation Coordinator Program, Dream Brokers Program, KidSport (to provide direct financial support to low income families to subsidize the costs of sport participation), Active Kids Nutrition Program and Aboriginal Excellence Program. Evaluation is in progress and results continue to influence the direction and growth of the initiative. For more information please go to www.sasksport.sk.ca.

INSPIRING MOVEMENT: TOWARDS COMPREHENSIVE SCHOOL COMMUNITY HEALTH: GUIDELINES FOR PHYSICAL ACTIVITY IN SASKATCHEWAN SCHOOLS
Developed and implemented in 2010, this initiative is led by the Ministry of Education and the Saskatchewan School Boards. The goal is to work with school boards to ensure children and youth engage in 30 minutes of moderate to vigorous physical activity daily, while increasing healthy food options in schools. Boards of education, in collaboration with schools, youth, School Community Councils, parents and communities, will develop new or strengthen existing physical activity policies and administrative procedures. Adopting or strengthening policies based on these guidelines will ensure a consistent approach to physical activity for all Saskatchewan schools. Evaluation is in progress. For more information please go to www.education.gov.sk.ca.
The Yukon

RENEWED YUKON ACTIVE LIVING STRATEGY
This Strategy was developed in 2000 and renewal began in 2010. Yukon Government’s Sport and Recreation Branch was the lead organization for renewal of the Yukon Active Living Strategy. A Stakeholder’s Review Committee, consisting of NGO’s, government, recreation professionals and community representatives, generously shared their insights and perspectives enabling development of the Strategy’s framework, goals and recommendations for action. The Strategy envisions a Yukon that is active, where health, well-being and physical activity are viewed as an investment in the quality of life for every individual, and for vibrant, healthy and sustainable Yukon communities. The renewed Yukon Active Living Strategy builds upon the original Strategy’s vision. The guiding principles of Health Equity and Inclusion, Informed Decision Making, and Shared Responsibility and Collaboration embody the beliefs upon which the renewed Strategy stands. Strategic directions and goals define broad and long-term changes needed to realize the vision. Recommendations for action stem from the strategic goals under the headings of: Leadership and Policy, Community Capacity, Enabling Environments, Social Marketing, Programs and Services, and Monitoring and Evaluation. Implementation of the recommendations for action occur through four settings: Active Yukoners; Active Yukon Communities; Active Schools; and Active Workplaces. Although responsibility for implementation of the renewed Strategy rests with the Sport and Recreation Branch, cooperative and collaborative efforts between governments, communities, businesses, non-profit groups and Yukon residents are key to successful implementation. Evaluation to date demonstrates public recognition of Active Yukon branding and the development and implementation of a variety of programming fostering active lifestyles for Yukoners of all ages. The Active Yukon Schools component reached all Yukon students and schools. For more information please visit http://lin.ca/resource-details/20487.

YUKON-CANADA HEALTHY LIVING BILATERAL AGREEMENT
Developed in 2007 and implemented in 2008, the development of this bilateral agreement is led by the Public Health Agency of Canada through Canada’s Healthy Living Fund, Yukon Government Department of Community Services Sport and Recreation Branch, and Yukon Government Department of Health and Social Services Health Promotion Unit. Actualization of the agreement is led by the Recreation and Parks Association of the Yukon. In the Yukon, the Healthy Living Project is supported through the Bilateral Agreement. The project is implemented and evaluated by the Recreation and Parks Association of the Yukon. The project fosters environments and provides opportunities for Yukoners to participate in active and healthy lifestyles. The primary focus is on activities that support active living and healthy eating. The regional stream of the fund takes the form of bilateral agreements on physical activity and healthy eating between the Public Health Agency of Canada and provincial/territorial governments. Both levels of government set priorities jointly, issue solicitations, review project proposals jointly, and invest funds that go directly to non-governmental organizations in support of joint priorities. Each level of government invests approximately the same amount of funding over the life of the agreements. http://www.phac-aspc.gc.ca/hp-ps/hl-mvs/hlu-umvs/hlfund-fondspmvs-eng.php. Evaluation of the Yukon’s Healthy Living Project is ongoing. For more information please contact the Recreation and Parks Association of the Yukon at rpayadmin@rpay.org.